

# DEAR MAC MEMBERS

Welcome 2025! Wow – I can't believe we arrived! Another new year! What a blessing to be alive! As I sit at my table this afternoon, I am looking out on a blanket of beautiful snow. Snow causes us all to slow down – to stop and smell the roses...well maybe not in January! Having a snow day can cause us to reflect on our past and our future. I hope your future includes being involved with the MAC Club!

We are busy in the MAC office planning activities and travel for 2025 ... looking for new activities and repeating some past ones. If you have ideas or suggestions for both day and overnight travel, as well as other activities our members might enjoy, please let us know! Call the MAC office and share your thoughts – or better yet – send us an email...Regina.Smith@wth.org. Take a few moments to enjoy this newsletter and mark your calendars for the fun activities and programs we have planned for 2025!



See you soon,  
*Regina Smith*  
Guest and Senior Services Manager  
West Tennessee Healthcare



## **Welcome our new President & CEO, Tina Prescott!**

Tina Prescott is President and Chief Executive Officer of West Tennessee Healthcare. Before being named President and CEO, she served as the Chief Operating Officer of West Tennessee Healthcare, a public, not-for-profit health system with over 7,800 employees serving 22 counties and licensed for 1,262 hospital beds within the WTH system. Her Executive Vice President responsibilities included serving as the Chief Operating Officer and System Chief Nursing Officer for the healthcare system. Her oversight includes the flagship

hospital, Jackson-Madison County General Hospital, and six rural hospitals which includes, Bolivar Hospital, Camden Hospital, Milan Hospital, Dyersburg Hospital, Volunteer Hospital in Martin, TN and Henry County Hospital. Tina Prescott came to West Tennessee Healthcare in 1996 as a Registered Nurse in the Surgical Intensive Care Unit. She has held the positions of Clinical Manager and Director of SICU and Administrator of Camden General Hospital. In 2007, she was named the Vice President/Chief Nursing Officer of Jackson-Madison County General Hospital.

Tina is active with several community and civic organizations including serving as a board member on the Greater Jackson Chamber, a member of the Jackson Rotary Club and Downtown Jackson Development Committee. She is board certified as an Advanced Nurse Executive with the American Nurses Credentialing Center, a member of the American College of Healthcare Executives, American Nurses Association and American Association of Critical Care Nurses. She is a graduate of Union University with a Bachelors of Science in Nursing and a Masters of Business Administration.

## PATIENT EXPERIENCE

At West Tennessee Healthcare, we are actively in pursuit of transforming healthcare delivery to create a personalized and empowering journey connecting quality, safety, engagement, and experience for those we serve. We want to be your choice for healthcare not one time but every time.

As members of our Mature Advantage Club, we want to hear from you! If you receive services from one of our healthcare locations, please take the time to fill out our Patient Experience Survey. You may receive the survey via mail, email, or text message from short code 91994. Your feedback is very important to us. It helps us understand what we are doing well, helps us to make improvements where needed, and helps us to recognize those who provide exceptional care.

**Tania Lambert**  
Director Customer Excellence  
WTH - JMGH



## WELCOME HENRY CO.

### Welcome Henry County Hospital and the Senior Stars Club!

The Senior Stars Club fosters a sense of community by bringing together individuals aged 55 and older who share a common interest in maintaining their health, learning, and enjoying life. Through exclusive benefits, educational programs, and social events, members build meaningful connections and support one another. It's more than just discounts and services; it's a vibrant community where seniors can feel empowered, engaged, and connected.

Please contact Nia Russell, Marketing Coordinator, Henry County Hospital.



## MAC ON MONDAY



### Join us for the MAC on MONDAY Preview Party!

We will be showcasing our 2025 and early 2026 day and overnight travel plans!

When: February 24, 2025 at 10:00 am

Where: J.W. Barnes Auditorium, Jackson Madison County General Hospital

Reservations are requested! Call 731-541-8757 to reserve your spot!

## DAYTRIPPIN'

# 2025

Hamilton at The **SOLD OUT** Theater | February 20

The Beach Boys at Heindl Theater, Senatobia, MS | February 22 | Trip fee \$150 per person.

Motown Forever **SOLD OUT** Huntington | April 19

The Commodores at Heindl Theater, Senatobia, MS | April 26 | Trip fee is \$125 per person.

Reservations must include full payment - no holds - no refunds. All tickets paid in full at time of purchase.

## LET'S TRAVEL

# 2025

March	Hawaii with Collette Tours
April	The Ark and Creation Museum with Simply Travel
June	Ireland with Collette Tours ( <b>waiting list</b> )
September	Painted Canyons with Collette Tours
October	Croatia with Collette Tours
December	New York City with Collette Tours

## SUPPORT GROUPS



**Alzheimer's Caregivers Support Group**  
**Meeting February 6th, March 6th, and April 3rd**  
**5:30 p.m.**

Meetings are held at the Pat Summitt Resource Center, located inside the Senior Services Department, 569 Skyline Drive, Suite 201 (upstairs). Reservations encouraged but not required. Please call 731-541-8757 for more information.

**Bolivar General Hospital Alzheimer's Support Group**  
**January 21st, February 18th, March 18th**  
**5:00 p.m.**

Meetings are held at the hospital. For more information, please contact Sara Skinner at 731-659-0216.

**Pat Summitt Resource Center – providing information for families facing the journey of Alzheimer's Disease and other Dementias.**

**Open Monday – Wednesday 8:30 a.m. – Noon.**  
Please call Kathy at 731-541-8757 for more information.

Do you stitch? Do you sew?  
Do you just like to watch those who do?

If so, you might want to join us as we make Fidget Blankets for members of our community suffering with Alzheimer's Disease and other Dementias.

Please call Kathy at 731-541-8757 to be added to our volunteer list and get those machines ready to roll! We will have a work day in the near future!



## MAC TRAVELER SPOTLIGHT



### LAURA ROWLAND

*How long have you been a MAC member and traveled with MAC?* 7+ years

*What are some of your favorite trips?* Iceland, Greece, British Landscapes with Collette, Fall Foliage with Sunshine, Williamsburg with Simply Travel. Day trips - Vince Gill and Amy Grant Christmas Concert.

*What is your most memorable trip?* Iceland with its stunning scenery and having most of the trip in one hotel. Greece was definitely on my bucket list as was Alaska!

*Why do you like to travel with MAC?* I know everything will be arranged, making new friends and new memories with old friends, making lasting friendships, doing things I might never have done on my own.

*Other comments* - I loved being able to go on trips and share experiences with my mom. It is disappointing that she can no longer travel with the group. We will share those memories forever. I would highly recommend traveling with MAC, especially with Regina in charge of all her chicks!

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### BOBBY & SUSAN GREENE

*How long have you been a MAC member and traveled with MAC?* 15+ years

*What are some of your favorite trips?* New York City at Christmas time, Canadian Rockies, Alaskan Cruise, Fall Foliage Trip.

*What is your most memorable trip?* The Alaskan Cruise

*Why do you like to travel with MAC?* We like being with MAC friends and love knowing that Regina is with us to take care of any problems that arise and that the trip will be so well planned."

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